WE CAN HARDLY WAIT...

Coach Dan Harrington's Wilson Warriors varsity baseball team is braving the cold, cold winter by keeping playing skills sharp in anticipation of an exciting 1993 season.

Boulevard Cleaners to Close in March

After more than 35 years of service to the valley, Mary Olvera will close ber Boulevard Cleaners and Dyers in March. Regular customers will be asked to bring in their apparels and other fabrics by late January to both assure attenive service and allow the business to properly wind-down its operations during the month of February.

Cleaning has been a way of life for Mary and her late husband Adolph, whose untimely death of a brain tumor more than three years ago brought sadness to their neighbors.

"Adolph had a way with people," said Mary. "People came with tbeir problems. He would teach people something."

Mary was living in Bakersfield in 1945, attending a beautician scbool when she met her future husband, a Mexico City native, then employed by a local dry cleaner.

About a decade after they were married, the young couple opened their Boulevard Cleaners at 10 Raymond Ave., which despite being located on a predominantly residential street quickly found a core of satisfied repeat customers.

"Quality is what counts," once proudly touted Adolph, who long adhered to a system his wife and he termed "the old fashioned way of dry cleaning." Offending stains were inquired of their origin, after which great skill, attention and patience were applied for maximum cleaning results.

"We've had customers for more than 25 years," said Mary, whose clientele even patronized Boulevard Cleaners despite moving from Visitacion Valley as far away as Concord or Santa Rosa.

"I consider my customers as a big family."

After 27 years, the business was forced to relocate at 168 Leland Ave. when the Raymond Ave. building was sold. Their two grown children, Anna Marie and Henry, also assisted at one time with the grueling six-day weeks which sometimes lasted more than 12 hours a day.

"We would like to thank all our customers with gratitude for their patronage all these years," said Mary. "We have enjoyed serving them."

GRAPEVINE

VISITACION·VALLEY

ISSUE #78 SERVING OUR COMMUNITY JANUARY 1993

A LOOK AT THE YEAR AHEAD

by: John L. Burton, Assembly Member

With the many changes in our economic and political environment over these past few months, many things about our future appear uncertian. But there is one thing that Californians can count on; their elected representative in the Legalslature will continue to focus on our state's economie climate.

State revenues again fell below the Govermor's estimates. From July to October, collection of personal, sales and business taxes were appproximately $300 million less than Department of Finance projections. If December's revenues fall below projections, the estimated $7.5 billion cash shortage for the current fiscal year could increase.

Recognizing tbat the economy must be our first priority, the Speaker bas convented an state "Economic Summit" to begin the process of outlining an economic strategy to rebuild our state's economy and put Californians back to work. The summit should help bring into a focus our economic ills and build a consenus on tbe necessary steps. it will include state business, labor and academic leaders who would examine a full and complete agenda and work toward developing a plan to help revitalize our economy.

Workers' compensation reform is one of the key pieces of any economic plan for our state, and it is one of my top priorities, as wll as of the Assembly Democratic leadership. Skyrocketing premiums, rampant fraud and endless red tape have all combined to make the system a burden to Californian's businesses.

Last year we presented the Governor with a reasonable package of some workers' comp reform legislation, and he should have signed it. However, we remain committed to working witb the Gvernor on this imporant issue, and we intend to present him with leg islation this year which goes even further in the areas of regulatory reform, growth management, economic incentives, and resoure protection.

We expect to reconvene a bi-partisan worker's comp force shortly after the first of the year, and we will continue working with business and commerce to enact long-term, meaningful reform. Injured workers must have a fair compensation system. but it must be a system that does not small- and medium-sized businesses to go under or large employers to move out of state.

Because of these hard economic times, consumers' dollars are also being stretched to the limit and beyond. Helping consumers get the most for their dollars continues to be high on my agenda. I intend to pursue legislation, once again, to keep bank and other credit card rates reasonable by capping the percentage that can be charged. I will also he exploring other consumers in the marketplace.

Even though next year's budget projections are discouraging, we must continue to protect our children's futures by prioritizing our education dollars to ensure that all students basic educational needs are met, including exceptional students and students with special needs.

My Democratic colleagues in the State Assembly and I continue to he committed to cutting bureaucratic waste wherever possible to ensure the maximum possible funding for education within our budget constraints.

My proposal would have expan ded the definition of "public meetings" to include meetings of any group which includes public officals and spends public funds, and private groups given governmental authority or spending taxpayer funds for public services. It would also include phone conferences and retreats held by officals or groups.

Public officials and those who spend taxpayers' dollars must understand that the current economic downturn translates into a corresponding drop in revenues available to state and local governments. Priorities must be set and the public must be involved in setting them.

continued on page 3

Here's What's Doing in the Parks during January of the New Year

SATURDAY. JANUARY 2

BAKER BEACH

Seacoast Defense: Explore the military of Battery Chamberlin and watch a demonstration of the last six-inch disappearing rifle. 12:30 to 1:00p.m. Meet a ranger at the gate to Battery Chamberlin at Baker Beach. Call [415] 556-8371.

FORT POINT

Fort Point Candlelight Tour: On a candle-litwalk through Fort Point, hear tales of soldiers, lighthouses and San Francisco history. Explore gun turrets and artillery casemates. Dress warmly. 6:30 to 8:30 p.m. Reservations required; call [415] 556-1693.

MARIN HEADLANDS

Winter Birding Adventures: Watch the antics of our winter migrants while sauntering around Rodeo Beacb and Lagoon. Learnwhere they travled from as well they are going. Birding bird guides and binoculars. Beginners Welcome! Heavy rain cancels. 9:00 to 11:00 a.m. Meet bird enthusiast Peter Ritson at the Marin Headlands Visitor Center parking lot. Reservations required; call [415] 331-1540.

Guardians of the Gate: Take a peek at the history surrounding the bunkers and gun emplacements of the Marin Headlands. Hear stories from the days of tbe first earthwork battery through the Nike missile era. 1:00 to 3:30 p.m. Meet military history buff paul curry at the Marin Headlands Visitor Center. Reservations required; call [415] 331-1540.

9a.m. - 7p.m.: Psychic Fair, Saturday and Sunday, free admission. S.F. County Fair Bldg., 9th Ave. and Lincoln Way. For more information, call 1-510-524-0436 or 1-510-548-8020.

10 a.m. - 1 p.m.: Plant Sale in the Strybing Nursery area, located at the southwest corner of the Gardens adjoining tbe Garden of California Native Plants. The Strybing Arboretum & Botanical Gardens is located near 9th Ave. and Lincoln Way in Golden Gate Park.

1 p.m.: Calendar Workshop. Learn about calendars from around the world as instructor Janai Southworth assists you in making two special calendars of your own for 1993. Sign-ups begin at 12:30 as space is limited. All ages are welcome. but children under eight must be accompanied by an adult. The fee is $3 per person. Randall Museum, 199 Museum Way. For more information, call 554-9600, Tuesday tbrough Saturday from 10 a.m. to 5 p.m.

SUNDAY, JANUARY 3

MARIN HEADLANDS

Rockets to Rangers: Imagine serving as a soldier while you explore an anti-aircraft missile site. Staff and volunteers interpret the era and explain what a former missile base is doing in a national park. 12:30 to 3:30 p.m. Meet park staff and Nike veterans at Nike site 88 on Field Road. Call [415] 331-1540.

PRESIDIO

Presidio Cemetery Walk: The San Francisco National Cemetery is the final resting place of many famous and interesting people-pre-Civil War soldiers, a Union spy, an Indian scout, and thirty-four Medal of Honor recipients. Dress warmly. Rain cancels. 10:00 to 11:30 a.m. Meet the walk leader at the entrance gate along Lincoln Boulevard. Reservations required; call [415] 556-0865.

Coastal Defense Hike: A scenic three-mile hike from the Golden Gate Bridge to Baker Beach. Explore remnants of historic coastal defense batteries from the 1870's through World War II. Dress warmly. Rain cancels. 1:30 to 3:30 p.m. Meet the park ranger at the Battery East parking lot above Fort Point along Lincoln Boulevard. Reservations required; call [415] 556-0865.

9 a.m. - 5 p.m.: Watch aand enjoy the San Francisco Soccer League play at Balboa Stadium, Havelock St. and Circular Drive.

Dusk: A lighted floral boliday plaque featuring a tree with a star in the background is on view each evening in Conservatory Valley at the eastern end of J.F. Kennedy Drive in Golden Gate Park.

WEDNESDAY, JANUARY 6

MARIN HEADLANDS

Wednesday for the Birds: It's that time of year again when all the tired and lost water birds come to Rodeo Lagoon to rest and astound local birders. Join the Marin Headlands' most reowned bird watcher as be roams the park in

continued on page 7

Letters

Dear Editor:

The Geneva Towers management, security staff and the John Stewart Company feel compelled to respond to distorted and erroneous information contained in your "Messages from Geneva Towers" article.

First, there are no side door exits at Geneva Towers Apartments other than Secured emergency use only. All residents and staff have been properly instructed on their use. The entrances and exits from Geneva Towers are through front lobby doors.

Secondly, Ms. Tina Watts was observed approaching the southside B Bldg fire door exit to Garrison Street by Officer M. Kendall with Beijing Security. Officer Kendall approached Ms. Watts and instructed her use the proper exit doors: for the door she was attempting to activate [fire alarm equipped] for exit was for emergency fire use only. During the course of the conversaton, Ms. Cynthia Carter apparently overhead the instructions given by Officer Kendall. Ms. Carter immediately commenced to chastising the officer for not making an exception to the rule. Officer Kendall made an attempt at discouraging Ms. Watts a second time from exiting the emergency door by reiterating the instructions formally given. Ms. Watts was advised a third time of the prodcedure for exiting the building. Again, Ms. Carter lashed out with abusive remarks at the security officers and began to encourage Ms. Watts to the same as Ms. Carter began to distort the exiting procedure, i.e., that it was okay to exit out the emergency doors. As the security escorted Ms. Watts to the proper exit area. Ms. Carter followed continuing her abusive language and distortion of exit procedures. Because Ms. Carter is a maintenance employee, the incident was immediately reported to the Director of Maintenance, Mr. Larry Fleming, at which time he began to inquire why she was in the area in which this incident took place. He summoned Mr. Ishmael Burch, Maintenance Supervisior for work schedule information; for according to Ms. Carter's job description she was a groundperson. Therefore, Mr. Fleming, could not understand why Ms. Carter was at the location of the incident. According to the schedule that Mr. Burch provided Mr. Flrming, Ms. Carter was assigned the outside ground area as her areas of responsibility for the day. At that point, it was determined that Ms. Carterwas outside of her assigned area. This been a constant problem with Ms. Carter over the past months and she has been counselled consistently for this very infraction. After further investigation, it was determined that Ms. Carter overheard a conversation taking place between Ms. Watts and Officer kendall and decided on her own to intervene for her own personal reasons. Because of numerous infractions, some of which were of the same sort, Ms. Carter was terminated.

Sincerly,
Arthur Hutton,
cc: William Hutton, Property Supervisior
Sharon Brown, Director of Family Housing

Dear Editor:

With the help of several public interest law firms, such as San Francisco Neighborhood Legal Assistance Foundation, Mutlicultural Education Training and Advocacy, American Civil liberties Union of Northern California, Bar Association of San Francisco, Youth law Center, and Legal Services for Children, I have finally moved the School District to decrease its number of student expulsions. Last school year, the District expelled an average of 26.5 students per month. This year, the average is down to 2.33 students. As I have often said, our schools should be institutions of education rather than alienation. The recent gang violence involving increasingly younger children, and the 14 or 15 year olds committing home invasions or carjacking should not be a surprise. When these young people were pushed out by our schools, the streets became their teachers. To help these youngsters, they must be in our schools. I am firmly committed to keeping our expulsion rate to the absolute minimum. The next step will be to address the needs of these troubled students. I will be working with the new Board and the Superintendent on a comprehensive package to co-loacte community and city children's programs into out schools. When youngsters have difficulties, rather than expelling them, the schools will rely on these children's agencies for services to help these youngsters while in school. Again, thank you for all your help and support. I truly draw strength from knowing that you too care so much about our children in this city. Thank you.

Sincerely,
Leland Y. Yee,Ph.D.
Board of Education Commissioner

Five Years Ago in the Grapevine

JANUARY 1988

* Nine acres of land on the north slope of San Bruno Mountain next to the park were rezoned in a unanimous vote by the Daly City Council.

* After much hard work, Bay Area Mountain Watch volunteers collected 6,000 signatures for the California Park and Wildlife (Cal PAW) Bond Initiative Campaign, exceeding their goal by 1,000.

* Surrounded by a lake of lollipops, 125 pounds of sugar and more than 100 hours of work went into the winning entry which earned Visitacion Valley Community Center first place honors at the Coyote Point Gingerbread House Competition.

* Schlage Lock employees showed their caring attitudes by donating a total of $84,848 to the United Way of the Bay Area.

* Visitacion Valley Elementary School received a Distinguished Elementary School Award for 1987 from the California State Department of Education.

GRAPEVINE
VISITACION·VALLEY

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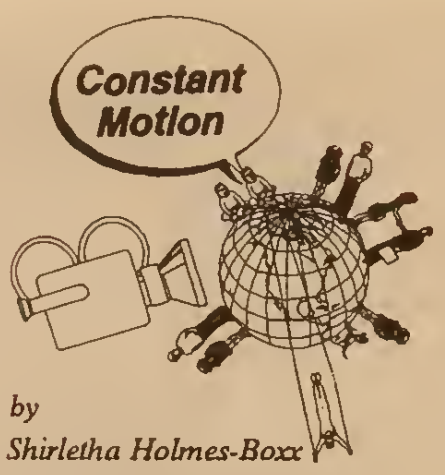

by
Shirletha Holmes-Boxx

HAPPY NEW YEARS!!!!!!!

Let's look back on 1992.....

Constant Motion took you to Amsterdam in the Netherlands - you were able to see the Red Light District where anything goes - women standing in storefront windows selling their bodies legally, drugs being smoked and sold legally and the BULL DOG Cafe where you receive a menu consisting of different kinds of marijuana.....Very interesting trip....the irony is that bike theft is the major criminal act or there.....so much for prohibition!!!!!!!

The VVCC Girls Against Gangs (GAG) featured several pep talks to their teenaged counterparts covering everything from AIDS to Gang Violence. They also took us with them to the SFPD/Gang Prevention sponsored Wilderness Program. Gigi, Sunshine, Princess, Monica and others went 25 feet + in the air on the Ropes course at Glen Park. They also took us river rafting at the Mother Lode. Great way to spend a safe and drug free summer.

The VVCC Flash Girls (ages 11 - 14) took off with their messages to their peers advocating education, drug-free lifestyles and other issues that affect the children of today. They ended the year with a Jr. Soul Train Dance where invited guests such as Cynthia Williams, Celeste Carter, Christine Drummer, Trameka Fulbright, Nicole Johnson, Natisha Evans and Charles Toll performed to standing ovations. MTV eat your heart out.

SPECIAL THANKS TO FLASH GIRLS FOR DOING AN EXCELLENT JOB IN 1992 -

Ethea Lucas, Kevina Mitchell, Brandy Alexander, Christine Drummer, Danisha Mitchell, Ayesha Benson, Ramea Lucas, Angela Saulsby, and Chanae Benson. Chanae's mother, Cheryl Benson is the Mother of the Month for December. Cheryl was at the Soul Train Dance showing us what it is like to dance like one of MC Hammer's professional dancers...CHERYL was cutting up on the dance floor...Thanks for the support, Cheryl.

Well we entered the KWANZA Celebration at one of San Francisco's most beautiful socialite's home, JACKIE GARRISON. What a gala affair!!!!! It was a who's who event...The first principle of the KWANZA is UMOJA (Unity). To strive for and maintain unity in the family community nation and race. JACKIE'S party exemplified the true meaning of UMOJA.

FYI - "NGUZO SABA" The seven principles of the KWANZA - DEC. 26 - JAN 2:

Umoja - Unity
Kujichagulia - Self determination
Ujima - Collective work and responsibility
Nia - Purpose
Kuumba - Creativity
Imani - Faith

HUNTERS POINT SHIPYARD PUBLIC MEETINGS

Mayor Frank Jordan and the Mayors Hunters Point Shipyard Citizens Advisory committee invite you to participate in a series of public meetings soliciting public comment as potential land uses at the shipyard. Below is the schedule of neighborhood meetings. All meetings will begin at 6;00pm to 10;00 with the exception of the meeting that is to take place at city hall.

Thursday	January 7, 1993	Downtown Comm. College 4th & Mission Sts.
Thursday	January 14, 1993	Portola Rec Center Felton & Holyoke Sts.

NOTE: A citywide public meeting is tentatively scheduled to take place on THURSDAY JANUARY 28, 1993 at city hall.

People with disabilities should feel free to contact us regarding any resonable accomodation we may be able to provide so you can fully participate in the meetings. Please contact Mr Wilbert Battle at 749-2462 or Ms. Randi Smith at 749-502503. Please contact us at least three days prior to the meeting date of interest.

L. Kirk Miller AIA

HOOD MILLER ASSOCIATES

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A LOOK AT THE YEAR AHEAD

from page 1

I, therefore, intend to reintroduce similar legislation this session, and I will work with the Governor's office to attempt to address his concerns. However, given the severe budgetary constraints throughout government, I strongly believe these individuals must be held accountable for the public dollars they spend.

We must also stay ahead of criminals who have become more and more bold in their crimes against our citizens. The currents wave of "carjacking" in this state is the newest example of this boldness. I have developed a package of legislation, including increased penalties for this increasingly violent crime, to help stop these parasities who prey on the honest, hard-working men and women of our state.

These are just a few of the issues I intend to pursue. As we begin the 1993 Legislative session, I am hopeful that the changes in our national leadership will help unleash the best in alll of us, and look forward to working with the Governor and my new legislation colleagues to meet the challenges we face in the new year.

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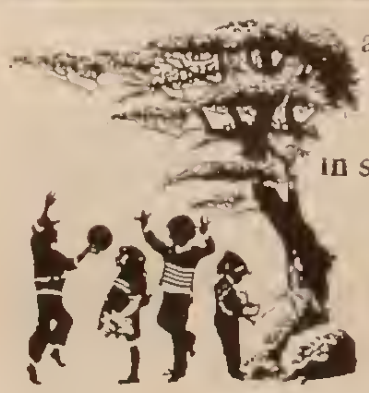

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Joyce Hollins & Staff

by Gingham Red

When the Circus Came to Town

A narrow two-lane road still carries sparse traffic from the old highway to the business section of Springtown, a pleasant little California town just far enough away from the hustle and bustle of urban American life, yet not too far buried into the sticks to be out of touch with reality. Quite a few years had past since I lived in town, but many of the houses I remembered were still present as I drove across the old bridge at the creek and turned onto the side road which would wind around the large field.

Suddenly, I became disoriented, as house after new house obliterated any sign of there once having been a large open area. Legend had it that a professional minor league baseball team had once used the area as a spring training site. A decrepit old backstop did sit for years in a far corner of the field, but now everything was gone, replaced by several new house-lined cul-de-sacs with strange names.

It took a few moments, but I finally got my bearings straightened out, thanks to an old oak tree which survived the changed landscape of what had once been a familiar stomping ground. I stopped my car where an old green fence once stood bordering the perimeter of the field. I had stopped my bicycle on that very spot as a youth many years ago to read all the advertising and goings-on posted to the wood: Grand Fiesta Picnic; Springtown Barbeque; the Del-Ray Circus...ah, yes...that one brought a smile to my face.

I was riding with my friend Tony and we spotted the colorful posters just tacked-up for the forthcoming Del-Ray Circus.

"Wow," exclaimed Tony, "a circus coming here. Looks like it'll be a good one."

Actually, if a person were to judge performances by their caliber of advertising, then the Del-Ray Circus was indeed a good show. Hysterically smiling clowns and dancing show horses added the frosting to a presentation of jugglers, strongmen, and acrobats. Surely the field was more than adequate to accomodate the large tent and quarters needed for such a show.

Tony and I quickly peddled our bikes up the road and around the bend to our homes, telling everyone within an ear-hot of the wonderful event coming to our little town. I'm pretty sure that both of us exagerated the pictures and events printed on that poster, but that didn't matter, because a circus was coming.

During the next couple of days, I kept stopping at the field every chance I got, looking for some kind of evidence of the pre-planning, but even on the Friday afternoon before the first scheduled Saturday performance there was nothing to be found.

I remember storming out of the house very early that Saturday without even so much as a piece of toast for breakfast, and peddling like a madman over to the field. From a curve in the road, I could see that Tony was already stopped on his bike by the fence, staring at several old battered trailers haphazardly arranged in a circle like some sort of a wagon train defending itself against an attack; most likely that would be the skeptical audience turning up for the shows.

In the middle of field amongst a disarray of miscellaneous circus-type things like ring sections, disassembled bleacher seats, and a bunch of circular platforms painted in the same, stylish motif as the poster, was a sloppily dressed, befuddled looking man with his suspenders hanging down and several days growth of beard on his face. Adjacent to him on the ground conspicuously half-wrapped by a dirty striped shirt was a bottle of something with a strange looking bird on the label. Although it was still quite early in the morning, he made a habit of taking continual gulps out of that bottle, followed by a cough or two, and then the inevitable resumption of that puzzled look.

"Excuse me mister," blurted out Tony, "but is there going to be a show today?"

"You bet, sonny," answered the man with a wide grin, as he coughed a couple more times, and then took his compulsive swig from the bottle.

No sooner did he wipe his mouth than an irrate woman in her late thirties with a ton of ugly purple mascara and rouged to the hilt darted from one of the trailers wearing a hideous sparkle green robe. She puffed frantically on one of those extra-long cigarettes as she pointed one of her brightly painted red fingernails towards the fence and shrieked, "There's no show here 'til two this afternoon, so you boys shoo, shoo!"

Well, with Vampira directing the way, Tony and I had little to do but ride out of the field as quickly as we could, both a bit petrified, but still laughing about the great reception given us by the newcomers.

We were to find out just hours later that the scary lady was none other than Dolores, the Del of Del-Ray. She was married to Raymond, or Ray, a sort-of cross between Gary Cooper and Milton Berle, if there could be such a person, who smoked a big black cigar like Groucho Marx while performing his duties as circus ringmaster, horse trainer, ride operator, and a number of other positions way too numerous to mention in a single breath.

And what of the bottle-swigging, suspender-hanging, put-the-pieces-of-the-puzzle-together man in the middle of the field? We would see him later that day in full costume as Bunny the Clown, a character bearing similarities to Red Skelton's Freddie the Freeloader. Bunny was engaged to Bonnie, the lady at the concession trailer, a sort-of Ma Kettle type, whose six grown children from a previous marriage made up the rest of the Del-Ray's hands and performers.

Somebody must have gone out and given Bunny a hand with things, because everything that was going to be set up was well in place by noon. No big tent at this circus. Del-Ray action took place in the open air; lucky for them it was fine weather that weekend.

Every kid in town, and then some, was crowded onto these rickety old portable bleachers arranged around a single ring with just enough room left on the far side to allow the acts to enter and exit. And what acts they were! Nothing fancy, mind you!

Dressed in his stylish P.T. Barnum attire with a bright red tailed coat and big black boots, Ray, assisted by a somewhat scantily dressed Del in an outfit looking like it might have fit her properly sometime in the distant past, started the show by inviting a few of the kids into the ring and asking their names, after which he'd announce ficticious ones such as Roscoe or Lullabelle to the rest of the audience. Each kid was given a specially made balloon animal, which the ringmaster seemed quite adept at creating.

Next came the horse act...er...I mean, pony act. Space conscious Del-Rays opted for the smaller animals which were just as popular with the adults as with the children. Four little horses ran around the ring to pre-recorded music as Ray simultaneously talked to the audience, smoked his cigar, and directed the less-than spectacular leaps over the low-lying obstacles. Peppy the Pony, blind in her left eye, but decked from head to hoof with ribbons and streamers, was clearly the fan favorite. All four ponies were used before and after the performances in a riding ring, a big hit with the smaller kids.

Next came the acrobats, jugglers, and highwire walkers (okay, six feet off the ground; but it's the talent that counts, right?) with a succession of performances seemingly aimed at duplicating some of the finer stunts seen on the Ed Sullivan Show; spinning plates, flying pins and the such; but which seemed to be executed a couple of notches higher than talented kids bouncing up and down on the bed.

Then came the dog act. Several breeds and several muts running around the ring in frilly rainbow colored clown outfits, complete with the pointed hats. One was actually talented enough to brave the danger of leaping a few feet through a protectively oversized flaming ring.

Periodically between acts, Bunny the Clown, whose one strong attribute was sounding exactly like Larry Harmon, the original Bozo, ran into the ring accompanied by some very strange sounding clarinet music, and would begin telling a string of very simplistic, G-rated jokes in a style not too far removed from latter day Henny Youngman. Bunny was actually quite an accomplished magician, as many of his well sequenced tricks, which at times seemed to be going nowhere, often ended with surprising results. His smashed-up stovepipe hat occasionally caught on fire, theatrically extinguished by one of the ring crew.

All in all, the entire show lasted something around 45 minutes, not fantastic by normal standards, but very special when considered that the admission was free. Although four nearly-identical performances were staged that weekend, many of the townspeople, and nearly all of the kids took in all four shows. Sunday's final performance even had a standing-room-only crowd, enough to delight any group of performers.

Yet when the shows were finished, nearly all circus personnel seemed to hide back in the trailers, perhaps afraid to get too friendly with the locals. Everyone, that is, except Bunny, who had a much more grotesque batch of jokes for some of the adults, as he poured drinks in back of his trailer and laughed up a storm.

Early that evening, after the last of the audience had departed, a thoroughly inebriated Bunny staggered from his trailer and began the task of disassembling the ring. Tire tracks, hoof prints, and a bunch of people's stories on Monday were the only evidence something had gone on in that field over the weekend.

Springtown's weekly newspaper, the Review-Tribune, operated by crotchety old Cyrus Vonwog, ran a special feature about the performances on the front page, complete with pictures of Bunny on fire and one of the ponies jumping over a two-foot obstruction.

Nobody ever heard anything of the Del-Ray Circus after that. There were no more shows the following year, or ever, for that matter. And years later, there would be no field.

Holiday Card Recycling

Like cut holiday trees, holiday cards create wonderful sentiments but they are ecologically wasteful. If this is the time of year you toch base with old friends and don't want to give up the tradition. buy cards printed on recycled paper and recycle the cards you recieve. Each year, Jack Early provides a list of places that will accept used holiday cards. These groups use them for such things as teaching and fund raising. To recieve your list of addresses, send a self-addresses. stamped envelope to: Jack Early, All-Year Christmas Cheer, 134 Pfeiffer Street, San Francisco, CA 94133.

"Treecycling"

Recycle you holiday tree. If you live in San Francisco, "treecycling" day is on the first recycling day after New Year's Day. Just put the tree next to your blue recycling bin and it will be picked up with your other recyclables. Call 554-6193 if you miss the collection date or for a listing of tree the collection date or for a listing of tree drop-off locations.

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587-8403

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A Project of the Visitacion Valley Grapevine funded by the San Francisco Arts Commission

TOTALLY COOL VINE

ISSUE #4 GRAPEVINE YOUTH SECTION JANUARY 1993

WINTER FESTIVAL AT VVES

The theme for this year's WINTER FESTIVAL at VVES is "A TIME FOR GIVING." All the classes performed on stage for this annual celebration.

Mrs. HENDLEY'S 3rd graders performing "A MARTIAN CHRISTMAS."

By The Wonderful And Famous Writers: Ming, Lisa, Jesscina, Monique

On December 17, 1992 we Vis Valley Elementary School, had a Winter Festival, A Time for Giving. Many classes participated in this wonderful program. There were many Christmas carols, plays, dances, and readings performed. Room 16, 17, 101, 104, 204, 207, 201, 202, 203, 205, and 207 did Christmas carols. Room 105, and 102 did plays. Room 108 read "Twas the Night before Christmas". And last but not lease , room 209 did three raps. All the classes did a womderful job, thanks to the teachers, Laura Ellis, dance students, Mr. Chao, and the friends and families who participated in this wonderful performance "Winter Festival, a Time for giving 92".

AUDITIONS FOR THE SAN FRANCISCO CITY CHORUS

The San Francisco City Chorus will hold auditions in late December and early January for the Spring 1993 season. The chorus is a group of about 60 men and women from all walks of life with shared interest in making music experiences in a spirit of camaraderie. The chorus has performed works by Handel, Mozart, Monteverdi, de Victoria, Ariel Ramirez, Palestrina, and Mendelssohn.

Under the direction of Frederick Goff, the group will perform Leonard Bernstein's Chich Psalms, Aaron Copeland's In the Beginning, and Choral Dances from Gloriana by Benjamin Britten in April. Renaissance music will be performed in June.

Anyone who has pleasant singing voice and reads music can join. We are especially interested inceasing our tenor and bass sections. Rehearsals are held on Wednesdays from 7:00 to 9:30 p.m. beginning January 6 thru June in the music room at Washington High School [30th Ave. at Anza].

Rehearsls are held in late Dec. and Jan. For more information and an appointment, please call [415] 563-8826.

Thanks Thanks to the U.S. Marine Corps Reserve and P. G. & E., MRS. CLAUS (a long-time resident of Vis Valley - Mrs. Lois Castillo) and her reindeer brought toys to all the children of VVES.

ONCE UPON A TIME...

The add-a-story contest

This is a new contest in the Totally Cool Vine. Here is how to enter the contest:

Help to finish writing the story about the Beautiful Princess that you see below. The story below was written by 9 people...so far. Each person in turn added a sentence to the story. It can have as many sentences in it as you want, and be written by as many people as want to help write it. Be sure that everyone who helps write it puts their name down as a "co-author", so that they all can get credit for their work. When you are done with your story, send it to the Totally Cool Vine, c/o the Grapevine, 50 Raymond Ave., San Francisco, CA 94134. The winning writers will have their story printed in the March issue of the Totally Cool Vine, and all the co-authors will receive certificates of publication.

Here is how your story will start:

THE BEAUTIFUL FAIR PRINCESS

Once upon a time, there lived a beautiful, fair princess. She loved to make friends with other people, and she lived in a big castle. Her father, the King, chose to pick a prince to marry his daughter. Many princes wanted to marry the beautiful, fair princess. But to do so, you have to prove that you love her. One of the princes tried to prove himself to her, but she did not love him. She did not love any of them. She wanted to pick her own prince. She wanted them to love her for who she is, and not what she is. One day, a prince took the princess away to a far away land. Then the prince took the princess' hand and kissed her. The princess suddenly fell in love with the prince. They lived happily ever after, until...

Registration for Art Studio

Registration for youth, teen and adult classes is now being held for the Sharon Art Studio at Children's Playground in Golden Gate Park. Fees will vary by classes, which will be held from January 4 through March 27. Pre-registration is required.

Youths 8 to 11 can create their own unique jewelry designs using a variety of materials, including metal and copper.

Teens 12 to 15 will want to sign up for Drawing and Painting, Magical Myriad of Masks, Animated Workshop or Jewelry.

Adults are offered Leaded Glass, Drawing and Painting, Life Drawing, Watercolor, China Painting or Jewelry.

The Sharon Art Studio, a facility of the San Francisco Recreation and Park Department, is located on Bowling Green Drive between King and Kennedy Drives, and can be reached at 753-7006.

A Call For Umpires

If you are 16 years of age or older and enjoy baseball and youngsters, the San Francisco Youth Baseball League is looking for you. Umpires are needed for youth teams participating in the Spring League. Special umpire workshops will be held, so no experience is necessary.

The San Francisco Youth Baseball League is sponsored by San Francisco Recreation and Park, FLAME, and the Police Activities League. Additional information can be obtained from John [illegible] Peter at 753-7029, or Roger Bross at 566-9600.

STORE FOODS SAFELY

Meat, poultry, fish and related leftovers should be refrigerated or frozen For better flavor and safety keep foods in the refrigerator (at 34° - 37°F) no longer than the number of days suggested below

	Refrigerator:	Freezer - no more than:
• Fresh fish	1-2 days	6 months
• Chicken	2-3 days	12 months
• Pork	3-4 days	6 months
• Beef	3-5 days	12 months
• Cooked beans	4-5 days	4 months
• Gravy and dressings	4-5 days	4 months
• Cooked meats	4-5 days	3 months
• Eggs	2-3 weeks	

STRETCH YOUR MEAT DOLLAR

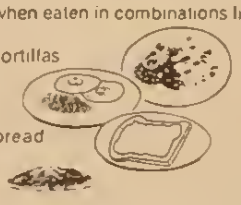
Small amounts of meat, poultry or fish can go a long way if you prepare them with other foods like

- Meatloaf, meatballs with bread crumbs, oatmeal, raw grated potato
- Ground meat, poultry with macaroni or any other pasta
- Rice with chicken, meat, eggs
- Liver or other organ meats with vegetables or other foods

VEGETARIAN MEALS CAN BE NUTRITIOUS

The protein of beans, rice, corn, wheat, bread, tortillas, and flour from cereals (wheat, corn, oats, rice) are high quality protein when eaten in combinations like

- Beans with rice or tortillas
- Rice with eggs
- Peanut butter and bread
- Pasta and cheese



COOKING SUGGESTIONS

- Trim visible fat from meat before cooking
- Do not overcook meat, poultry or fish Overcooking decreases the number of servings, toughens the meat and reduces juiciness
- Cook beans properly and add enough liquid Undercooking or using insufficient cooking liquid gives unsatisfactory flavor
- Skim off fat from meat juices, or blot liquid fat from meat with paper towels.

SMART SHOPPING

Usually Less Expensive	Usually More Expensive
• *Beans, chicken, turkey, eggs*	• *Beef, veal, lamb, pork, and luncheon meats*
• *Less tender cuts of meats and ground meat*	• *Tender cuts and higher grades of meat (loin, T-bone and porterhouse steak)*
• *Liver and other organ meats*	• *Regular cuts of meat*
• *Grated tuna*	• *Chunk tuna*
• *Pinto and most beans sold in bulk*	• *Beans and lentils sold in small packages*
• *Home prepared meat, chicken, fish*	• *Ready-to-eat meat, chicken, fish (smoked and barbequed)*
• *Store brand and generic foods.*	• *National brand foods*

Proper Fanily Nutrition a Key for Health During Winter Months

With the cold winter months upon us, the importance of proper nutrition and a balanced diet is essential for continued good health in our families. Smart meal planning could mistakenly be labeled a low priority by many of us in these difficult economic times, but there is help available for people needing assistance in choosing the right foods for their families.

Administered in California by the University of California Cooperative Extension, the Expanded Food and Nutrition Education Program (EFNEP) provides low-income families, especially those with young children, with a basic five-point concept in educating homemakers to improve their loved ones diets by understanding nutrition, shopping wisely, and preparing and preserving food safely while learning about good nutrition and health practices.

Most current guidelines for eligibility in EFNEP require that family income be below a certain level which fluctuates with the number of people per household; income for a family of four, for example should total below $15,125. EFNEP has assisted more than 450,000 families since its inception in 1969, with an average of about 20,000 new families expected to be reached each year.

Paraprofessionals, as employees of UC's Cooperative Extension, are hired, trained and supervised by home economists to provide instruction for small groups. Those who complete the program are able to use their EFNEP knowledge and skills to provide more economic and nutritious foods for their families.

Evaluations of participants' diets show significant and continued improvements in their eating habits, especially in the consumption of dairy products, fruits and vegetables.

More information about EFNEP can be obtained i by calling either 1-510-642-6441 or 1-510-987-0143.

FOODS THAT CONTRIBUTE TO PREVENT ANEMIA

♦ Iron deficiency anemia is very common, especially among children, teenagers, and adult women Foods rich in iron help to prevent iron deficiency anemia Organ meats, meat, beans, lentils, eggs and other foods are rich in iron See below the amount of iron in one nutritional serving

♦ Iron in foods is better utilized in our bodies when foods rich in iron are consumed with vitamin C rich foods such as citrus fruits, cantaloupe, broccoli, cauliflower, green pepper and cabbage A fruit, a salad, or vegetables added to dishes we eat, can improve iron in our diet.

♦ Iron supplements should not be taken unless recommended by a physician or registered dietitian If iron supplements are prescribed, only the recommended amount should be taken

♦ Excessive consumption of iron supplements can decrease the utilization of other nutrients in our bodies.

How Much Iron Is Recommended per Day?

Age, years	Male, mg	Female, mg
1 to 10	10	10
11 to 18	12	15
19 or more	10	15
Pregnant and lactating women		30

	Iron mg
Liver (pork, beef, chicken), 3 oz	9 5
Heart (pork, beef, chicken), 3 oz	7 1
Kidney (pork, beef, chicken), 3 oz	6 3
Cooked lentils, 1 cup	6 3
Cooked soybeans, 1 cup	4 9
Cooked red beans, 1 cup	5.2
Cooked pinto beans, 1 cup	4 5
Soybean curd, 8 oz	4.3
Squash seeds, 1 oz	4 2
Tuna fish and sardines, 3 oz	2 6
Beef, fat free, 3 oz	2 4
Dry peas cooked, 1 cup	2 4
Ground beef, 3 oz	2 4
Hot dogs, 2 (2 oz each)	2.4
Eggs, 2	2 0
Peanut butter, 4 tablespoons	1 2
Poultry, fat free, 3 oz	1.0

Cooperative Extension
UNIVERSITY OF CALIFORNIA
Division of Agriculture and Natural Resources

Expanded Food and Nutrition Education Program

WOODROW WILSON BASEBALL SEEKS PAST PLAYERS, COACHES

The Woodrow Wilson high School Baseball Program is planning an alumni game and return and reunion, in addition to several other events, to help celebrate thirty seasons of varsity baseball competition on the part of the Warriors.

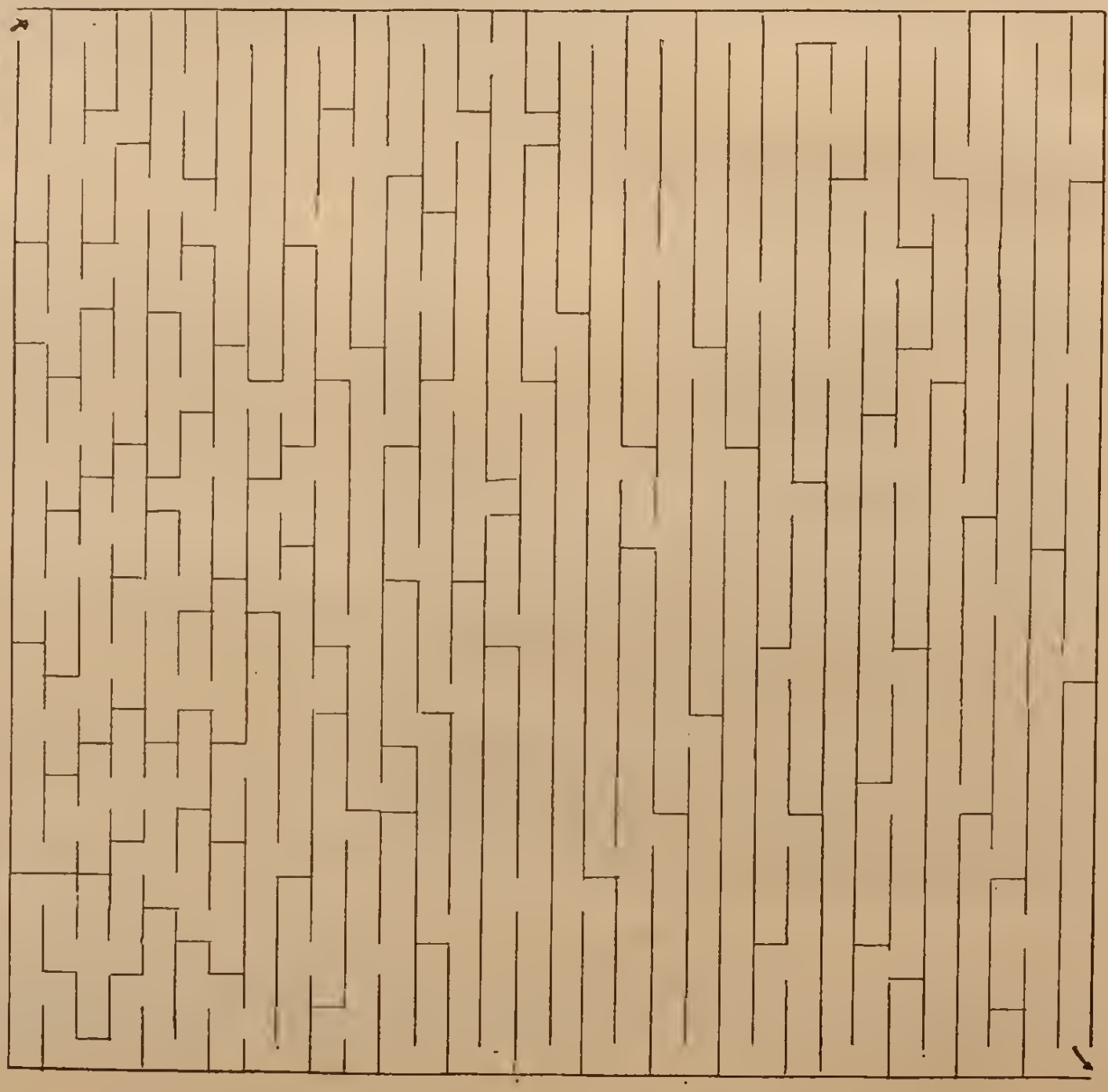
All former baseball players and coaches are welcomed to contact the current varsity baseball coach, Dan Harrington, for more information. Call 469-4550 during school hours, or write WWHS Baseball, 400 Mansell Street, San Francisco Ca. 94134-1898.

GRAPEVINE
VISITACION·VALLEY
TOTALLY COOL VINE
Youth Supplement

Conchita Baronilla
Martina Ngo
Jessina Adams
Lisa Saelee
Ming Saelee
Eugene Lacey
Monique Sandoval
Chihsia Leung
Hoi Man Dee
Ashley Martin
Candice Howard
Tisha Howard
Carrie Howard
Jasmen
Jessica

Advisors:
Julie
Len
Donald
Victoria
Kim
Debie
Mr. Lacey

LEN'S SOMEWHAT CHALLENGING MAZE



New Directions Program Designs New Ways to Reach More Families

California's Expanded Food and Nutrition Education Program has implemented an innovative spin-off entitled "New Directions" which pursues three major program delivery methods.

Through provider and client surveys, EFNEP's Food Access Program helps communities assess emergency food assistance needs and develops plans to address hunger at the local level. EFNEP also assists providers and clients of emergency food systems with nutrition education and technical support. Nutrition education topics include: food budgeting, meal planning, food safety and sanitation, and use of commodities.

EFNEP is also expanding its audience by coordinating with other community agencies and organizations by training their staffs and volunteers to deliver the program's nutrition education information.

Spanish radio tapes focusing on problems related to food consumption, shopping skills, diet improvement, and money savings have ben developed by EFNEP 's Media Development Program, which has also peroduced a series of three to five minute video tapes each targeting a single nutrition topic.

Better Nutrition Starts With Better Meal Planning

EFNEP recommends the following tips for better family nutrition:

Be sure to plan your morning meals. Breakfast does not necessarily have to be limited to breakfast foods. A person can eat just about anything nutritous.

Foods prepared in larger quantity than needed at a particular meal should be immediately refrigirated for future consumption. Leftovers not eaten at a previous meal should be used within a day for safety and best flavor. If your family enjoys snacks, select foods that will complete your daily food needs. For example, if your meals o not have enough fruits or dairy products, include then in snacks. Good ideas include: milk, yogurt, cheese, fruits, vegetables, hard eggs and leftover meats.Smart Food Shopping Means Better Family Meals.Although sometimes a cumbersome task requiring willpower from the gimmickry stores and supermarkets impose on their customers, smart food shopping can be made a more pleasant undertaking when planned properly, according to several guidlines suggested by UC's Cooperative Extenion EFNEP program. Before going to the store, plan your meals for several days in advance, checking to see if you already have some of the items you need to buy, and write the necessities on a list, remembering to include such staples as spices, dry beans, flour, rice, corn starch, vegetable oil, pasta, sugar and salt.Proviing you have access to good transportation, a market can be selected with regards to convenience and savings. Better prices are available at discount food outlets and national chains than at small convenience stores. For ultimate savings, several stores can be patronized to compare unit prices on the foods you purchase most often. Generic (plain) labels often have adequate quality, and can provide a substantial savings over the brand name items. When shopping up and down the aisles of a supermarket, be wary of specials. Although markdowns and coupon savings products will save you money, they may also buy products you don't need, can't store, or are still highly priced in comparison to suitable alternatives. Always purchase products with unit pricing and price per serving in mind. Using the unit price helps you decide the size of product that costs less. All food should be purchased with the price per serving in mind. A bony meat cut, for example, may be low in price per pound, but will yield less servings than another cut of meat.*Bñ

Different forms of the same food can be compared. as well as their sizes. Prices of the same food may vary depending upon how it is sold: fresh, frozen or canned. Fresh produce prices vary with the seasons, but some canned and frozen vegetables may be lower in price than fresh vegetables out of season. And although the largest size of a grocery item is usually the best buy, you should also determine it's unit price, your storage capacity, and if your family can use it in a reasonable amount of time.

Understand the difference between generic, house, and name brands when shopping for your family. Generic (plain label) foods are usually the least expensive of all, and have a nutritive value similar to expensive brands. Store or house brands, the store's own label, are usually priced lower than national or name brands, whose quality may be touted as better, but have no better nutritive value than either generic or house brands.

If your schedule allows ample time, get into the habit of reading food labels, printed on packaging for your information and protection. Check each item for package weight, expiration dates, and prouct ingredients. Read the package weight, taking into consideration that some large boxes may contain the same or less food than smaller ones. Make sure the "sell by" and "best when purchased by" dates given on each item allow you ample time to keep the food after its purchase.

Consumers, both normal and following speciasl diets low in sodium, sugar or cholesterol should check product ingredients listed in order from the most to least amount found. Check the names of preservatives or other additives used to keep the safety and quality of the food.

You should never go shopping for food anywhere while hungry. No telling what you'll walk out of the store with on an empty stomach. Have yourself a healthy meal or snack beforehand, and then shop with confidence.

FOR A HEALTHY MOTHER AND BABY

Follow these recommendations ...

- Eat an adequate amount and variety of foods. Eat at least three meals per day. Don't skip breakfast; too many hours without food can affect your unborn baby.

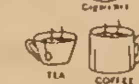
- Gaining enough weight is important for the development of your baby. If you were underweight before pregnancy, you are advised to gain between 28 and 40 lbs. If you started pregnancy with adequate weight, you should gain between 25 and 30 lbs or more. Don't try to lose weight during pregnancy.

- Visit a doctor within the first weeks of pregnancy. Diabetes, hypertension and other health conditions can be discovered and treated before they affect your pregnancy.
- If you are using medications, let your doctor know early so these can be changed if needed to protect your baby.
- Avoid aspirin and other pain relievers, sleeping pills, cold medications, laxatives and other over-the-counter medications.

- Avoid drinking alcoholic beverages. Alcohol can impair the growth and intelligence of unborn babies.

- Avoid or limit cigarette smoking, as it can decrease the normal growth and health of unborn babies.

- If you enjoy coffee or tea, including herbal tea, use them in moderation.



- If vitamins and minerals are prescribed, take only the amount recommended. Too much of some vitamins and minerals can decrease the nutritional effect of other nutrients.

HOW WILL YOU FEED YOUR BABY ?

- Breast milk has everything your baby needs for growth.
- Breast milk helps prevent your baby from getting sick.
- Formula is another way to feed your baby, but breast milk is the best food for babies.
- Breastfeeding can help you to lose the extra weight you gained during pregnancy.
- There is no formula to prepare no bottles to sterilize. Breastfeeding saves you money.

START SUCCESSFULLY

- Start breastfeeding soon after birth and breastfeed often to stimulate milk production. Avoid bottles of water or formula for as long as possible. Bottles of formula or water can decrease your milk production as they decrease frequency of sucking. In addition, most babies become confused sucking from two types of nipples.

- Position yourself correctly, holding your baby's mouth in front of your nipple. You need several pillows for better support of yourself and the baby.

- Tickle the baby's lower lip with your nipple until he opens his mouth wide. Quickly pull the baby close to you, making sure he takes as much of the brown area of the breast as possible.

- Sucking on the brown area of the breast, not just on the nipple, is necessary for milk production. The baby's lips should make pressure on the milk channels under the dark area of the breast.

- Working mothers can breastfeed. Milk can be pumped or expressed by hand and stored in the refrigerator or freezer.
- If you choose formula, prepare it correctly. Too much or too little water can be harmful to your baby. Follow manufacturer's directions. Cleanliness is essential. Hands and utensils needed for formula preparation should be washed thoroughly in hot soapy water.

The author is Eunice Romero-Gwynn PhD Community Nutrition Specialist, University of California, Cooperative Extension Artist, Pauline Yu

Fried foods and pastries are high in fat

- Too much fat of any kind, including solid, soft and liquid fat, can form fat in our bodies and increase our body weight. Too much fat can contribute to overweight and obesity.
- Overweight and obesity increase the risk of heart disease, diabetes, high blood pressure and other health conditions.
- Too much fat, especially saturated fat and cholesterol, can increase blood cholesterol in most people. It is important to have the blood cholesterol checked by a health provider. Cholesterol values above 200 increases the risk of heart disease.
- Choosing low-fat foods is recommended for most people, especially persons who need to limit calories and persons at risk of heart disease. Limiting fats is not recommended for children under two years of age.

HOW MUCH SHOULD WE EAT DAILY?

CHILDREN	2 servings (1-2 oz each)
TEENS AND ADULTS	2 servings (2-3 oz each)
PREGNANT AND NURSING MOTHERS	3 servings (2-3 oz each)

USE SUGARS IN MODERATION

- Sugars include table sugar, brown sugar, raw sugar, sucrose, glucose, maltose, honey, syrup, corn sweetener, corn syrup and molasses. A food can be high in sugar if one of these sugars appears first or second on the ingredients list on the label, or if the label shows several of them.
- Sugars are added to foods to make them sweet, to preserve them or to make some foods tender and moist. Sugars are in many foods, not just sweet foods.
- Sugars provide calories but are limited in nutrients. People who want to avoid gaining too much weight will benefit from eating less sugars and sugar-rich foods.
- Sugars can contribute to tooth decay. The more often sugar-rich foods are eaten and the longer they stay in the mouth before teeth are brushed, the greater the risk of tooth decay.

Sugars in Selected Foods

Teaspoons of Sugar (tsp)

Pastries and bread:	tsp	Breakfast Cereals:	tsp
Chocolate cake, iced 4 oz	10	Sugar Smacks, 1 oz	4
Angel food cake, 4 oz	7	Apple Jacks, 1 oz	4
Chocolate cake, plain 4 oz	6	Frosted rice, 1 oz	3
Donut, glazed 1	6	Cream of wheat, 1 oz	1
Coffee cake, 4 oz	6	Shredded wheat, 1 oz	0
Pie, 4 oz	5	Oats, 1 oz	0
Toast, plain	0		

TOTALLY COOL

USDA Surplus Food Program
EOC Distribution Center

eoc

1993 Schedule

January	— 28	April	— 29	August	— 26
February	— 25	May	— 27	September	— 30
March	— 25	June	— 24	October	— 28
		July	— 29	November	— 18
				December	— 16

Economic Opportunity Council of San Francisco

通知

美國農業部剩餘食物
經濟輔導會派發中心
一九九三年派發日期表

一月	— 廿八日
二月	— 廿五日
三月	— 廿五日
四月	— 廿九日
五月	— 廿七日
六月	— 廿四日
七月	— 廿九日
八月	— 廿六日
九月	— 三十日
十月	— 廿八日
十一月	— 十八日
十二月	— 十六日

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SAN FRANCISCO UNIFIED SCHOOL DISTRICT EDUCATIONAL PLACEMENT CENTER

135 VAN NESS AVENUE - ROOM 1 SAN FRANCISCO, CA 94102 (415) 241-6085

Dear Parent/Legal Guardian:

We would appreciate your taking time to read the following information regarding the 1993-94 Pre-Registration/Optional Enrollment Request (OER) Process.

AGE REQUIREMENTS:

- Kindergarten: Must have been born on or before DECEMBER 2, 1988
- First Grade: Must have been born on or before DECEMBER 2, 1987

REQUIREMENTS AT THE TIME OF SUBMISSION OF THE APPLICATION

- Verification of the home address of the parent/legal guardian - The proof of home address must be: (1) Driver's Licenss or I.D. card issued by the California Department of Motor Vehicles; (2) Current P.G.& E. bill; (3) Current Pacific Telephone Bill; (4) Medi-Cal Sticker of the parent/legal guardian; (5) Letter addressed to the parent/legal guardian from the Department of Social Services or other governmental agency. If the Driver's License or I.D. card has been changed within the past ninety (90) days, a second verification will be required.
- Proof of birth date in the form of a birth certificate, hospital record, baptismal certificate, or Medi-Cal sticker.

APPLICATION PERIODS	Begins	Ends	Notification to Parents
First Period	11/30/92	1/15/93	Week of 3/8/93
Second Period	1/18/93	3/31/93	Week of 5/3/93
Third Period	4/1/93	6/15/93	Week of 7/18/93

GENERAL INFORMATION

- Applications will be available at all school sites, 135 Van Ness Avenue lobby, and the Educational Placement Center. They may be submitted at any school site or the Educational Placement Center - 135 Van Ness Ave., Room 1.
- Pre-registration assignments will not be made on a first-come, first-served basis, nor will pre-registration guarantee placement at the school of assignment according to the home address. Assignments will be randomized to coincide with the Optional Enrollment Computer Random Process and timelines.
- Approvals will be made when (1) there is space in the requested grade level and (2) if the student's enrollment will not adversely impact the racial/ethnic balance of the requested school(s) according to guidelines set forth in the Federal Court-Ordered Consent Decree.
- Sibling priority is given when one child is already enrolled at the requested school AND living at the same address when the application is submitted.
- When a child is enrolled in a SFUSD children's center and the parent indicates the child will continue accending, priority will be given to a feeder school for the children's center and transporcation will be provided. Priority will not be given to feeder school assignments when the OER portion (Section III) is completed.
- Parents/legal guardians may request up to four (4) schools in Section III in the OER portion. They should only request schools they are willing to accept. When an approval is made for any of the four choices, an appeal will not be accepted.
- Appeals will be accepted only after the third computer random processing on July 20, 1993. Deadline for acceptance is August 6, 1993 and parent/legal guardians will be sent notification letters no later than August 20, 1993.
- The San Francisco Unified School District has a responsibility to provide a school placement for all children. When an OER choice cannot be approved, the District may assign the student to the school of assignment for his/her home address. The assignment will be made after the computer random processing period in which the application was submitted. If the assignment was not one of his/her choices, the parent/legal guardian may accept that assignment and we will continue to try to make placement for one of the OER choices.
- Upon receipt of an assignment letter, the parent/legal guardian MUST return the confirmation slip to the Educational Placement Center AND ALSO fully register the student if he/she is new to the District within five working (5) days of the postmark on the letter. IF THESE STEPS ARE NOT FOLLOWED, THE APPROVAL WILL BE CANCELLED AND THE CHILD WILL HAVE NO ENTITLEMENT TO THE SPACE LATER.
- When the parent/legal guardian registers his/her child, he/she will need current immunization records to include a negative T.B. test within one year of school enrollment (September 8, 1993). Kindergarten and first grade students must also have a complete physical examination within a year.
- A parent/legal guardian may correct his/her child's racial/ethnic identification one time while the student is enrolled in a public school. However, changes will be made for the following school year end not during an open enrollment period.

We wish your child every success for the coming school year.

Mahal na Magulang/Ligal na Tagapag-alaga:

Aming ikalulugod kung babasahin ninyong mabuti ang sumusunod na impormasyon tungkol sa 1993-94 Paunang Pagpapalista/Pamamaraang Pagpasok sa Iba sa Nakatakdang Paaralan (OER).

MGA DAPAT NA EDAD:

- Kindergarten: Ipinanganak nang o bago mag Ika-2 ng Oktyembre, 1988.
- Unang Grado: Ipinanganak nang o bago mag Ika-2 ng Oktyembre, 1987.

MGA KAILANGAN SA ORAS NANG PAGSUSULIT NG APLIKASYON:

- Magpapatunay ng direksiyon ng tirahan ng magulang/ligal na tagapag-alaga-(1) Lisensiya sa Pagmamaneho o I. D. kard buhat sa Kagawaran ng Sasakyang may Makina ng California; (2) kasalukuyang resibo ng P.G. & E.; (3) "Medical Stickers"ng magulang/ligal na tagapag-alaga; Iliham ng Kagawaran ng mga Paglilingkod Panglipunan o Ibang ahensiya ng pamahalaan sa magulang/ligal na tagapag-alaga. Kung ang lisensiya sa pagmamaneho o I. D. kard ay pinalitan sa loob ng nakalipas na (90) araw, kailangan ang pangalawang katibayan.
- Magpapatunay ng Petsa ng Kapanganakan tulad ng sertipiko, ulat ng ospital, binyag, o "Medical Sticker".

MGA PANAHON NG PAG-AAPLAY	SIMULA	KATAPUSAN	SULAT SA MGA MAGULANG
Unang Panahon	11/30/92	01/15/92	Linggo ng 03/08/93
Ikalawang Panahon	01/18/93	03/31/93	Linggo ng 05/03/93
Ikatlong Panahon	04/01/93	06/15/93	Linggo ng 07/18/93

KABUDANG IMPORMASYON

- Makakakuha ng mga aplikasyon sa lahat ng mga paaralan, sa bulwagan ng 135 Van Ness Avenue o sa Sentrong Magsusuri ng Paglalagyan sa Pag-aaral (E.P.C.)-135 Van Ness Avenue, Silid #1.
- Hindi na gagawin ang kung sino ang muna sa panimulang pagpapalista at hindi rin makakatiyak na makukuha ang takdang paaralan ayon sa direksiyon ng tirahan sa paunang pagpapalista. Ang mga pagtatakda ng paaralan ay gagawin nang pasumala sa kompyuter nang kasabay ng pamamaraang pasumala o ala siwerte ng OER sa panandaliang sanggunian ng panahon.
- Ang mga pagtanggap sa hinihiling na paaralan ay gagawin kung (1) mayroong bakante sa hinihiling na grado (2) kung ang bilang ng nakalistang mag-aaral ay hindi lalabag sa Ipinag-uutos ng batas Pederal tungkol sa timbang ng lahi/kultura sa hinihiling na paaralan (mga) at aalisang paaralan.
- Ang karapatan sa magkapatid ay masusunod lamang kung ang isang bata ay pumapasok na sa hinihiling na paaralan AT nakatira sa magkatulad na direksiyon sa oras o panahon ng pagsusulit ng aplikasyon.
- Kung ang isang bata ay pumapasok na sa isang sentrong pambata ng SFUSD at gusto ng magulang na magpatuloy ang bata sa nasasakupan ng sentro, ang unang pagkakataon ay ibibigay sa tatanggaap na paaralan para sa sentrong pambata kasama ang libreng sasakyan. Hindi maibibigay ang unang pagkakataon sa mga nakatakdang tatanggap na paaralan kung ang bahagi ng "OER" (Seksiyon III) ay sinagutan.
- Ang mga magulang/ligal na tagapag-alaga ay maaaring humiling ng hanggang apat (4) na paaralan sa Seksiyon III ng bahagi ng OER. Ang mga paaralan lamang na handa ninyong tanggapin ang dapat hilingin.
- Ang mga pag-apila ay maaaring tanggapin lamang pagkatapos ng pangatlong pasumalang pagpili ng kompyuter na gagawin sa ika-20 ng Hulyo,1993. Ang katapusang araw ng pagtanggap ng pag-apila ay ika- 06 ng Agosto,1993 at ang sagot ay ipadadala sa mga magulang/ligal na tagapag-alaga nang hindi lalampas ng ika-20 ng Agosto,1993.
- Tungkulin ng SFUSD na bigyan ng paaralan ang lahat ng mga bata. Kung ang napiling paaralan sa "OER" ay hindi naaprubahan, maaaring ang Purok ang magtakda sa mag-aaral ayon sa kaniyang direstiyon ng tirahan. Ang pagtatakda ay gagawin pagkatapos ng panahon ng pasumalang pagpili sa kompyuter pagkasulit ng aplikasyon. Kung ang pagtatakda ay hindi isa sa kaniyang mga pinili, maaaring tanggapin ng magulang /ligal na tagapag-alag ang itinatakdang paaralan at aming aatuhang ipagpatuloy ang paglalagay para sa isa sa mga pinili sa "OER".
- Pagkatanggap ng liham na nagtatakda, kinakailangang ibalik kaagad ng magulang/ligal na tagapag-alaga ang bahagi ng liham na nagpapatunay sa EPC at gayon din dapat kompletuhin ang pagpapalista sa mag-aaral kung siya ay bago palamang sa Purok sa loob ng limang (5) araw na may trabaho ng marka ng koreyo sa liham. KAPAG ANG HAKBANG NA ITO AY HINDI NASUNOD, MAWAWALANG BISA ANG PAGKAKAAPRUBA AT PAGKATAPOS ANG BATA AY MAWAWALAN NG KARAPATAN SA LUGAR NIYA SA PAARALAN.
- Sa pagpapalista ng bata ang magulang/ligal na tagapag-alaga ay kailangang magdala ng kasalukuyang ulat ng negatibong resulta ng bakuna sa T8 sa nasasakupan ng isang taon ng pagpapalista sa paaralan (ika-8 ng Setyembre, 1993). Ang mga kindergarten at unang gradong mag-aaral ay kailangan din ang kompletong pagsusuring pangkatawan sa nasasakupan ng isang taon.
- Isang beses lamang maaaring magpalit o items ng magulang/ligal na tagapag-alaga ang pagkikilanlang lahi/kultura ng bata hebang ang mag-aaral ay pumapasok sa isang paaralang pampubliko. Datapuwat, ang mga pagpapalit ay magagawa lamang sa loob ng nasasakupan ng taong pampaaralan at hindi sa panahon ng pagpapalistahan.

Hinehangad namin ang bawat tagumpay ng inyong anak sa darating na taong pampaaralan.

Estimado padre de familia o tutor:

A continuación encontrará información valiosa acerca de la matrícula escolar y del proceso para solicitar un cambio de escuela (O.E.R.), correspondiente al ciclo escolar 1993-94.

REQUISITOS RELATIVOS A LA EDAD:

- Para kinder, los estudiantes deben de haber nacido el 2 de diciembre de 1988 o antes.
- Para primer grado, los estudiantes deben de haber nacido el 2 de diciembre de 1987 o antes.

REQUISITOS A LA HORA DE ENTREGAR LA SOLICITUD

- Prueba de su domicilio, la cual debe de ser una de las siguientes: 1) La licencia para conducir automóviles o el carnet de identificación emitido por el Departamento de Tránsito de California. 2) Un recibo actual de la compañía de Luz y Gas (P.G. & E.). 3) Un recibo actual de la compañía de teléfonos (Pacific Bell). 4) Tarjeta del Medi-Cal. 5) Una carta dirigida a usted por parte del Departamento de Servicios Sociales o de otra dependencia gubernamental.
- Prueba de la fecha del nacimiento del estudiante, la cual puede ser una de las siguientes 1) Acta o partida de nacimiento. 2) Certificado del Hospital. 3) Acta de Bautismo. 4) Tarjeta del Medi-Cal.

Si por algún motivo no puede presentar los documentos mencionados anteriormente, por favor venga a nuestras oficinas. Nosotros sabemos que hay familias indocumentadas o que carecen de un hogar permanente. Nuestra obligación es que todos los estudiantes tengan acceso a la educación pública, por lo tanto, le ayudaremos en lo que sea necesario.

PERÍODOS DE SOLICITUD	Empieza:	Finaliza:	Fecha de Notificación:
1er. período	30 de nov. de 1992	15 de enero de 1993	Semana del 8 de marzo de 1993
2o. período	18 de enero de 1993	31 de marzo de 1993	Semana del 3 de mayo de 1993
3rd. período	1 de abril de 1993	15 de junio de 1993	Semana del 18 de julio de 1993
Apelación	20 de julio de 1993	6 de agosto de 1993	Semana del 20 de agosto de 1993

INFORMACIÓN GENERAL:

- Las solicitudes están disponibles en las escuelas públicas, en el vestíbulo de las oficinas centrales del Distrito Escolar, en la Oficina #1 del Departamento de Evaluación y Matrícula Escolar (Educational Placement Center), estas dos últimas dependencias, ubicadas en el número 135 de la avenida Van Ness. Las solicitudes pueden ser entregadas en cualquier escuela pública o en el Departamento de Evaluación Escolar.
- Los alumnos no serán matriculados conforme al orden en que se pre-inscriban, la pre-inscripción escolar se hará de acuerdo al proceso de selección por azar a través de computadoras, coincidiendo con el sistema de azar y fechas empleadas en la solicitud para un cambio de escuela. A ningún estudiante se le garantizará que será inscrito en el plantel educativo que le pertenece de acuerdo a su domicilio.
- Las solicitudes serán otorgadas cuando: 1) hay espacio disponible en el grado correspondiente; y 2) si no hay un efecto adverso en el balance étnico/racial de la escuela que envía o recibe al estudiante, conforme a lo que las normas establecen.
- Se le da prioridad al hermano de un estudiante que ya está asistiendo a la escuela que se solicita. Ambos hermanos deben de vivir en el mismo domicilio.
- Cuando el estudiante está inscrito en una guardería del Distrito Escolar Unificado de San Francisco, y usted indica que él o ella continuará asistiendo a la misma, se le dará prioridad a la escuela que le corresponde a dicha guardería, así mismo, se le proveerá de transporte escolar. No se le dará priondad a tal escuela, si se llena la parte correspondiente para solicitar un cambio de escuela (sección III).
- Se pueden solicitar hasta cuatro escuelas. Deben de pedirse solamente aquellas que está usted dispuesto a aceptar. Si es aprobada una de las escuelas que ha escogido, no tendrá derecho a apelar.
- Nuestro Distrito Escolar tiene la responsabilidad de colocar a todos los estudiantes. Cuando no se puede aprobar una de las escuelas que usted seleccionó, el Distrito tratará de designar al estudiante al plantel educativo que le corresponde de acuerdo a su domicilio. Dicha designación se hará después del período en el que la solicitud fue entregada. Si la designación no fue una de las escuelas que escogió, puede aceptar la designación y nosotros continuaremos tratando de ubicar al estudiante en uno de los centros escolares que usted seleccionó.
- Cuando reciba la carta en la que se le designa la escuela a su hijo, deberá de completar y devolver la parte de abajo de la carta a nuestro Departamento, así mismo, tendrá que ir a inscribir al menor a la escuela correspondiente, llevando toda la documentación que sea necesaria, éste último, en el caso de que el estudiante sea nuevo en nuestro Distrito. Lo anterior tendrá que hacerlo dentro de los cinco (5) días siguientes a la fecha en que fue sellada la carta. SI NO SE SIGUEN LAS INSTRUCCIONES AL PIE DE LA LETRA, LA APROBACIÓN SERÁ CANCELADA.

Durante el período de pre-inscripción usted no necesita presentar la constancia de vacunas. Esta se presentará cuando la escuela haya sido aprobada. La tarjeta de las vacunas debe indicar el mes y día en que las dósis fueron administradas. Las vacunas exigidas son: pollomielitis, triple (difteria, tos ferina y el tétano), sarampión (rubéola) y paperas. Así como la prueba de la tuberculina, la que no debe de tener más de un año a la hora que el estudiante ingrese a la escuela (1 de septiembre de 1993). También, los estudiantes de kinder y primer grado deberán de tener el examen físico, el cual no deberá de tener más de un año de haberse realizado.

Usted puede rectificar la identificación étnica/racial de su hijo una vez, mientras está inscrito en las escuelas públicas. Sin embargo, este cambio tendrá efecto cuando comience el año escolar siguiente (1993-94) y no durante el período de inscripción para dicho año.

Apreciamos su interés en las escuelas públicas de San Francisco y deseamos que su hijo tenga un año escolar lleno de éxito.

三 藩 市 聯 合 校 區

學生入學事務處

1992年11月30日

家長/合法監護人台鑒：

祈望你們抽閱詳細閱讀以下有關1993年至1994年預先登記/選擇入學的程序.

入學年齡的規定：

- 幼稚園： 必須於1988年12月 2日或之前出生的.
- 一年級： 必須於1987年12月 2日或之前出生的.

遞交申請表時需要的手續

証明家長/合法監護人的地址 -- 地址證明文件：(1) 加州交通部發出的駕駛執照或身份証；(2) 近期的電費單；(3) 近期的電話賬單；(4) 家長/合法監護人的政府醫药補助標紙；(5) 社會服務局與其他政府機構發給家長/合法監護人的信件. 若在過去 90 日內駕駛執照或身份証上的地址曾更改過，即需要加多一份証明文件.

証明出生日期在表格是出生証書，醫院紀錄証，洗禮証書或政府醫药補助標紙.

申請日期	開始	截止	通知家長的信
第一期	1992 年11月30日	1993 年 1月15日	1993 年 3月 8日週內
第二期	1993 年 1月18日	1993 年 3月31日	1993 年 5月 3日週內
第三期	1993 年 4月 1日	1993 年 6月15日	1993 年 7月18日週內

一般的程序資料

- 申請表可向所有的公立學校或 135 VAN NESS AVENUE 大堂，及學生入學事務處索取. 填妥申請表後可送交任何一間公立學校或學生入學事務處 135 VANNESS AVE. ROOM 1.
- 預先登記，分派學校將不是按照先到先得，或根據地址來安排分派的. 是要符合要求選擇入學的時間和電腦程序決定來分派的.
- 批准將根據 (1)要求的班級是否有空學位.(2)不影响種族/民族平衡的規定，按按照聯邦法庭規定的種族融合分派.
- 兄弟姐妹的優先權是當申請要求的學校已有一個子女在那間學校，而與其他的子女居住同一地址.
- 當一個兒童已入三藩市校區的兒童中心，而且父母表示入學後仍繼續去兒童中心，優先是分派有交通車輛去兒童中心的學校. 若已申請選擇入學 (第三項) 將不會分派有供應交通車輛去兒童中心的學校.

家長/合法監護人在選擇入學部份第三項內是可以選擇四間學校，但你們一定要選擇你們願意去的四間學校，當四間學校之中任何一間批准分派，是不可以投訴重新再申請的.

投訴重新申請只有在第三次電腦程序分派後，於1993年 7月20日開始至1993年 8月6 日之間接受申請，家長/合法監護人將於1993年 8月20日前可收到通知信. 三藩市聯合校區應負責分派學校給每一個學生，當選擇入學的申請不獲批准，校區可根據居住地址分派學校. 若已申請選擇入學，要等到電腦程序分派後才可以再分派學校. 若分派的學校均不是你們選擇四間學校中的一間，家長/合法監護人可暫時接受分派的學校. 我們將會繼續設法分派你們所選擇的學校.

關於收到分派的通知信後，家長/合法監護人必須在通知信的信封上郵戳日期的五天之內將確定分派的回條送交回學生入學事務處. 新學生須完成登記手續，這些步驟若不去做，批准分派的學校將被取消. 日後即使有空學位，學生亦無資格獲得.

當家長/合法監護人申請子女入學時，需要擁有防疫紀錄，包括一年內的肺病皮下注射陰性的反應(1993 年 9月 8日之前) 幼稚園及一年級的學生必須要一年內的體格檢查紀錄.

家長/合法監護人可以更改他們子女的種族/民族一次，當在申請入學時. 不然則要等到明年才可更改.

我們盼望貴子女在未來的學年中諸事成功.

學生入學事務處處長：

JOYCE A. COBLE', DIRECTOR
EDUCATIONAL PLACEMENT CENTER

The Puzzler...

© by Anne Kaartunen

WORD LIST

LOVING
GENTLE
OILIGENT
PROOUCTIVE
HONEST
TENACIOUS
ASSERTIVE
HUMBLE
PUNCTUAL
PATIENT
GRACIOUS
FRIENOLY
SINCERE
HUMOROUS
CALM
SAFE
SMILE
HUG
OREAM
HAPPY
NEW
YEAR

HAPPY NEW YEAR
RESOLVE (To be...do)

P A S I N C E R E W N C
U R U G F R I E N D L Y
N H O N S E T S E N O H
C K I D H A P P Y G V E
T S C I U T F W E N H V
U M A L M C H N A I U I
A I R I B A T U R V M T
L L G G L L O I G O O R
A E R E E M S U V L R E
E I V N D R E A M E O S
H P A T I E N T F O U S
S U O I C A N E T E S A

ARTHRITIS SELF-HELP COURSE

The Arthritis Foundation will be sponsoring Arthritis Self-Help Courses in many locations throughout the Bay Area and in Santa Cruz, Monterey and San Benito Counties beginning in Feb. and Mar. 1993.

The Arthritis Self-Help Course is a tested self-management program to help you better cope with your arthritis. In the last 12 years, over 100,000 people world-wide have enrolled in this course. Participants learn how to better manage pain; how to best use medications; how to effectively communicate with doctors; how to exercise with arthritis; and how to solve problems caused by arthritis.

Any adult with arthritis, lupus, fibromyalgia, or any related condition may sign-yp. The course lasts for six weeks and meets for 2 hours each week. Fees for the course vary from one site to another by are generally under $30.00. The fee includes a copy of the Arthritis Helpbook and full or partial scholarships are available to those who are not able to cover the fee. Please call the Arthritis Foundation. at [800] 464-6240.

Mayors of San Francisco

JAMES OTIS

When William Alvord was mayor of San Francisco, his desires for children's housing and an expanded police force through officers' salary reductions met with great resistance from City officials questioning what they thought was impractical ideology, despite the rapidly growing local population. Such negativity, coupled with Alvord's immense interest in a variety of organizations in which he participated compelled him to decline seeking reelection in 1873. He instead endorsed the selection of fellow City businessman James Otis.

Born in Boston, Massachusetts on August 11, 1826, Otis first worked as a mercantile clerk before jumping at the offer to become a partner of a San Francisco firm. Arriving in the Bay Area on August 23, 1849, Otis spent three years with the F.W. Macronday & Company importing house before leaving the City to return for good in 1858 to reacquire his partnership and marry the boss's daughter.

Elected to the S.F. Board of Supervisors in 1859, both his political and business dealings over the next decade made many people take note, especially the newly forming People's Independent Party, quite impressed with his strong stand against the threatened stranglehold of the railroads.

Nominated as the party's mayoral candidate in 1873, Otis won a close election, taking office on December 1.

During his term, Otis was quite adept in making his feelings known of the then deplorable state of the City's streets and sewer system, a desire which stemmed from his fear of plague. San Francisco was also experiencing growing anti-Chinese sentiment, as many of the townspeople seemed convinced that the new wave of workingmen from the Orient was depleting the local job market at considerably reduced wages. Some citizens even went so far as to create a Workingman's Party, nominating Andrew Bryant as their mayoral candidate in 1875.

Not wishing to go against the grain, Otis planned to complete his two-year term and return to the importing business, but he never got the chance. He came down with diptheria in the fall, dying in office on October 30, 1875. After convening in a special session, the Board of Supervisors voted to appoint Supervisor George Hewston to complete the month Otis had remaining of his term.

Otis St., named for the first San Francisco mayor to die in office, runs adjacent to Mission St. between Duboce St. and South Van Ness Ave.

we serve with honesty & dependability
FOR YOU - we buy, sell, trade,
rent, manage

HENRY SCHINDEL
Real Estate Broker

91 Leland Avenue 239-5850
San Francisco 94134

THIS MONTH In San Francisco HISTORY

Jan. 1: In 1934, Alcatraz Island, formerly a military post, became a Federal Prison.

Jan. 2: In 1921, De Young Museum, now a part of the Academy of Sciences, opened in Golden Gate Park.

Jan. 5: In 1933, construction commenced on the Golden Gate Bridge when a crew began excavating for the Marin County anchorage.

Jan 8: In 1880, Joshua Norton, a onetime successful City businessman, died. When ill-fated grain speculations left him penniless, Norton declared himself Emperor of the United States and Protector of Mexico, issued his own currency which was sympathetically accepted by local shopkeepers, and went on to become one of San Francisco's most colorful oddball characters.

Jan. 9: In 1847, San Francisco, then known as Yerba Buena, issued its first newspaper, the California Star, a four-page weekly published by Samuel Brannan. In 1849, San Francisco established its first bank, the Exchange and Deposit Office located on Kearny St. In 1857, a 7:45 a.m. earthquake and aftershocks shook San Francisco, with shocks reportedly felt as far away as San Diego.

Jan. 16: In 1865, brothers Charles and Michael H. DeYoung published the first issue of the Daily Dramatic Chronicle, a free theatre newspaper which soon grew into today's San Francisco Chronicle.

Jan. 22: In 1850, the Alta California, formed by the merging of the Californian and California Star, the first two newspapers published in California, became the state's first daily newspaper when it switched from its previous triweekly schedule. In 1939, the Aquatic Park, adjacent to Fort Mason in the northern part of the City, was officially dedicated.

Jan. 27: In 1894, the Midwinter Fair, a City event which publicized the Pacific Coast's mild off-season climatic conditions, opened in Golden Gate Park. In 1955, a severe landslide permanently closed a stretch of El Camino del Mar, a scenic drive near Land's End.

Jan. 30: In 1847, the City's name was officially changed from Yerba Buena to San Francisco.

They Were San Franciscans

WILLIAM RALSTON

Many historians feel justified in remembering William Ralston as "The Man Who Built San Francisco," a title honoring him for his financial wizardry and speculative shrewdness.

Born in 1826 near Plymouth, Ohio, he was a young clerk on ships navigating both the Ohio and Mississippi Rivers before entering into a partnership transporting people and goods across the rugged isthmus at Panama.

First arriving in San Francisco on September 20, 1851, Ralston stayed for good in 1854 when he and a partner became agents for steamers by forming the Accessory Transit Company. In January, 1856, he and three other partners opened a banking house.

Along with businessman D.O. Mills, Ralston helped establish the Bank of California in 1864, the first incorporated bank in the state. Mills became bank president, and Ralston served as its first cashier. A branch office was eventually established in bustling Virginia City, Nevada at the height of the big silver bonanza, soon to become the busiest banking house in the town.

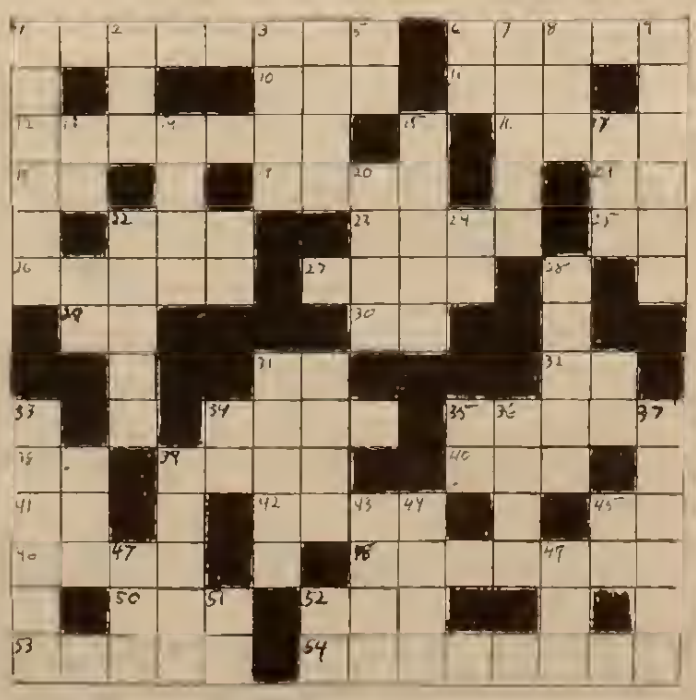
Ralston assumed the post of bank president upon Mills' retirement in 1872. One of his foremost desires of giving San Francisco a first-rate luxary hotel began to take shape with his purchase for $440,000 of a downtown site occupied by an old orphanage, soon razed to begin construction of the Palace Hotel.

Serious financial problems inevitably arose when rumors of exhausting silver mines compelled frantic investors to make a run on their deposits, forcing the bank's temporary closure on August 27, 1875, known since then as "Black Friday" by local businessmen. Mills would later come out of retirement to reorganize and reopen the Bank of California, resuming his original post as president.

Rattled, but still in optimistic spirit the day after his bank's closure, Ralston went for his usual swim in the bay off Hyde St. never to return to dry land. His accidental drowning at the age of 49 sadly occured just five weeks before the gala opening of the Palace Hotel on October 3.

Ralston St. in the City's Ingleside district is named in his honor.

GRAPEVINE CROSSWORD #1



ACROSS

1. Cross
6. Texture
10. Ancient
11. Petroleum
12. Prominent
16. Adhesive
18. Any one
19. Revise
21. South Dakota
22. Twice five
23. Bolt
25. Elevated train
26. Molar
27. Air motion
29. North Dakota
30. Southeast
31. Therefore
32. Exist
34. Fool
35. Scorn
37. You
39. Pontiff
40. Except
41. Again
42. Quality
45. Bromine
46. Musical high
48. Crustacean
49. Writing liquid
52. Dog
53. Shades
54. Docile

DOWN

1. Dweller
3. Function
4. Snow vehicle
5. Edition
6. Proceed
7. Proper
8. Whole
9. Steel implement
13. Aboard
14. Encourage
15. Expiate
17. Application
20. Bird
22. Present
24. Limited
28. Mechanical man
31. Over
33. Europium
34. Accomplish
35. Substantive
36. Drinking vessels
37. You
39. Establish
43. Bat
44. Past time
45. Occur
47. Metal
49. Golf peg
51. Kansas
52. Colorado

SOLUTION

NEXT ISSUE

CLASSIFIED

PRIVATE PARTIES ONLY Up to 20 words for $1.00. Additional lines 50 cents each. Deadline is the 20th of each month prior to publication date. Mail your ad with a check to: Visitacion Valley GRAPEVINE, 50 Raymond Ave., San Francisco, CA 94134

Youth Art Classes Held at Randall Museum

Checkout the hands-on, inexpensive classes meeting after school and Saturdays for six weeks in February and March at the Randall Museum. Registration will be held during January.

Science Classes will feature "Toys and Tricks of Physics," "Magnifiers and Microscopes: The Fantastic Voyage" and "Astronomy."

Art Classes will include "Fantastic Fabrics," "Artist's Workshop," "Kid's Woodworking" and special teen classes in ceramics, silkscreen, speaker building and photography.

Two other interesting classes will be "Family Gardening" and "Clowning."

Located at 199 Museum Way off Roosevelt near the Ralph K. Davies Medical Center. Randall Museum has plenty of free parking and can be reached at 554-9600 for a class schedule.

January 1993

Happy New Year

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 1/364 New Year's Day	2 2/363 10:00am TOTALLY COOL VINE, ART, PHOTO CLASSES AT VVCC
3 3/362 1:00pm VVCC Bingo	4 4/361	5 5/360	6 6/359 6:30pm Valleywide Parents' Council 6:30pm VVCC Music Class	7 7/358 11:00am VVCC Senior Council Meeting 7:00pm ROSES Intern Police Community Relations	8 8/357 8:00pm Valley Baptist Youth Groups ○ LQ	9 9/356 10:00am TOTALLY COOL VINE, ART, PHOTO CLASSES AT VVCC
10 10/355 1:00pm VVCC Bingo	11 11/354	12 12/353 4:30pm Sturgeon Terrace Association 7:00pm El Dorado Neighborhood Homeowners Council	13 13/352 6:00pm Executive Park Advisory Committee open to all 6:30pm VVCC Music Class	14 14/351 ● LQ	15 15/350 8:00pm Valley Baptist Youth Groups	16 16/349 10:00am TOTALLY COOL VINE, ART, PHOTO CLASSES AT VVCC
17 17/348 1:00pm VVCC Bingo	18 18/347 Martin Luther King, Jr.	19 19/346	20 20/345 6:30pm VVCC Music Class	21 21/344	22 22/343 1:00pm Visitacion Valley Improvement Club 8:00pm Valley Baptist Youth Groups ● NM	23 23/142 9:30am VVCC Board Meeting 10:00am TOTALLY COOL VINE, ART, PHOTO CLASSES AT VVCC
24 24/341 1:00pm VVCC Bingo	25 25/340	26 26/339	27 27/338 6:30pm VVCC Music Class	28 28/337 USDA Surplus Food Distribution Day at VVCC	29 29/336 8:00pm Valley Baptist Youth Groups	30 30/335 10:00am TOTALLY COOL VINE, ART, PHOTO CLASSES AT VVCC ● FQ
31 31/334 1:00pm VVCC Bingo						

December 1992

S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February 1993

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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

What's Doing in the Parks

from page 1

search of the common and not-so-common. Dress for the weather. 9:00 to 11:00 a.m. Meet bird guru Carter Faust at the Marin Headlands Visitor Center. Call [415] 331-1540.

FRIDAY, JANUARY 8

MARIN HEADLANDS

Full Moon at Point Bonita Lighthouse: Anticpate the rising moon as the sun drops into the ocean from dramtic vantage point. Half-mile is steep in parts; children must be accompained by an adult. Wear sturdy shoed and dress warmly; bring a flashlight. 4:15 to 6:15 p.m. Meet the docents at the Point Bonita trailhead on Field Road. Reservations required; call [415] 331-1540.

Cross-Country Skiing in the Western National Parks: Explore the winter beauty of the Western National Parks on cross-country skis and snowshoes. Learn valuable tips for planning ypur next trip to the mountains in winter. 7:30 to 9:30. Meet schussing Ranger Warren White at Building 1050, Fort Cronkite. Reservations required; call [415] 331-1540.

SATURDAY, JANUARY 9

Fort Mason Center Tour: Take a guided walk through this cultural and recreational facility where over 50 arts, environmental aand cutural groups utilize converted military warehouses for museums, theaters, galleries, classes and workshops. 11:00 a.m. Meet at Fort Mason Center Offices, Building A. Reservations required: call [415] 441-5706.

Youth and Adult Tennis Classes are on-going and free of charge. Enrollment can be made at any time. Interested individuals must register in person. Classes are designed for the beginning, intermediate and advanced students with emphasis placed on the four basic strokes. For more information, call 753-7032 or 753-7100.

SUNDAY, JANUARY 17

LANDS END

Point of the Sea Wolves: Explore the seaward tip of San Francisco to discover shipwrecks and learn about lookout stations, tide machines, and martime history. 3:00 to 3:30 p.m. Meet a ranger at the San Francisco Memorial parking lot, north of 48th and Point Lobos Avenues. Reservations required; call (415) 566-8371.

FORT MASON CENTER

SS Jeremiah O' Brien Open Ship Weekend: The 441-foot World War II cargo ship revs up its giant steam engine for monthly open house. The ship's galley will be open and souvenirs will be on sale at the ship's Slop Chest store. 9:00 a.m. to 4:00 p.m. Pier Three East, Lower Fort Mason. Call [415] 441-3101.

MARIN HEADLANDS

Pier Crabbing: What kind of spindly creatures live in the bay waters? Find out about crab species, how and where to catch them, and what to do with them when you do! Wear your grubby clothes. 1:00 to 3:00 p.m. Meet Park Ranger Mike Smith at the East Fort Baker Pier. Suggested donation for bait: $1.50 per person or $5.00 per family. Space is limited. Reservations required; call [415] 331-1540.

SATURDAY, JANURARY 23

FORT FUNSTON

Native Plant Nursery: Tour the native plant nursery and learn what the National Park Service is doing to restore native communties of the plants and wildlife. 1:00 to 2:00 p.m. Meet a ranger at the Fort Funston native plant nursery, south of the hang glider area. Call [415] 556-8642.

FORT MASON CENTER

Fort Mason Center Tour: Take a guided walk through this cultural and recreational facility where over 50 arts, environmental and cultural groups utilize converted military warehouses for museums, theaters, galleries, classes and workshops. 11:00 a.m. Meet at Fort Mason Center Offices, Building A. Reservations required: Call [415] 441-5706.

SUNDAY, JANUARY 24

MARIN HEADLANDS

Lost City of Hill 88: A flashlight illuminates remains of this World War II anti-aircraft village, and the buildings and the lives of the people who worked here. Wear comfortable wlaking shoes, bring provisions and a flashlight. 4:00 to 7:00 p.m. Reservations required; call [415] 331-1540.

REGULAR MEETINGS OF CITY COMMISSIONS & BOARDS

Airports Commission	1st & 3rd Tuesday	3:00PM
Arts Commission	1st Monday	3:00PM
Board of Education	2nd & 4th Tuesday	7:00PM
Board of Supervisors	each Monday	2:00PM
Commission on Aging	1st Wednesday	9:30AM
Comm - Status of Women	4th Thursday	4:00PM
Health Commission	1st & 3rd Tuesday	3:00PM
Housing Authority Comm	2nd & 4th Thursday	4:00PM
Human Rights Comm	1st & 3rd Thursday	4:30PM
Library Commission	1st Tuesday	4:30PM
Planning Commission	each Thursday	1:30PM
Police Commission	each Wednesday	5:30PM
Port Commission	1st Tues & 3rd Wed	4:30PM
Public Utilities Comm	2nd & 4th Tuesday	2:00PM
Recreation & Parks	3rd Thursday	2:00PM
Social Services Comm	4th Thursday	9:30AM

ANNOUNCEMENT OF FIRST MEETING
LOCAL ASSESSMENT COMMITTEE

Appointed by the San Francisco Planning Commission to advise the City on terms and conditions by which a proposed expansion of the existing Household Hazardous Waste Facility at 501 Tunnel Road to serve small business may be acceptable to the community.

Tuesday January 5, 1993 at 7:00 p.m.
Korean Church - 120 Lathrop Avenue

For further information call Lois Scott
staff for the Committee
Department of City Planning, 558-6317.

VISITACION VALLEY COMMUNITY CENTER SENIOR PROGRAM

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Jewelry	Sewing	Guest Speakers
Foot Doctor	Blood Pressure	Parties
Meetings	Photography	Potlucks
Day outings	Gardening	Video Day
Trips	Oil Painting	Cooking Class
Walking Club	Chubby Class	Spanish Class
etc...etc...	etc...etc...	etc...etc

66 Raymond Ave....467-4499...Pat Crocker, Director

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New Year's Green Resolutions

Happy New Years!

After the turkey and gifts and the parties and the ceremonial removal of tinsels from your potted Christmas tree, there's a New Year to start! New Year... a time for a little reflection, for stting a few resolutions, a few obtianable goals for the year. Alright, what can we do in our own backyards to improve the quality of planet? How about the following:

AFTER THE HOLIDAYS...

Recycle Your Christmas Tree

Is your Christmas tree still sitting in the living room, looking a little sad? TreeCycling is easier than ever. This year, TreeCycling Day is on ReCycling Day.

When: Your FIRST recycling day after January 2, by 6 a.m.

Where: At the curb, next to your blue bin.

If you are on vacation or not able to recycle your tree on your designated TreeCycling Day, there are 7 Drop-off locations in the City. Call San Francisco Recycling Hotline at 554-6193 for their addresses and their hours of operation.

Share your wares

Aunt Annie gave you a tie that's not quite your style? Pink Flutfy slippers from your cousin aren't quite your cup of tea? Someone out there may love to have them. How about donating or selling them to your closest thrift store or Good Will Store? They will accept clothing and other household items.

Thrift stores in our neighborhood:

Savers, 2840 Geneva Ave. [2 blocks east of Cow Palace] 468-0646. They work with the local charties to provide an outlet for donated secondhand goods. Goodwill Stores, 3801 Third Street[at Evans, Bayview Plaza] 641-4470.

Put your scraps to work - turn them into art projects

Got any left-over pieces of fabric, wood, or paper? Contribute them to the Arts in schools. Donate them to SCRAP[Scrounger's Center for Resable Art parts], a nonprofit organization that collects scrap materials from businesses and individuaks and donates them to San Francisco schools to be recycled into art projects by students.

SCRAP is located at Sunshine High School, 647-1746.

City Hall's Chrisstmas live, potted Chnstmas trees are decorated every year with ornaments made ny school children from discarded and scrap materials from SCRAP.

Packing peanuts left over from the holidays? Donated them to the nearest Mail Boxes, etc. so that they can reuse them. Closet stores is in West Portal, at 236 West Portal Ave., 665-5085.

IN THE SPRING:

Beautify your neighborhood. Organize a tree planting event with your neighbors. There is nothing quite like neighbors working together to create a tangible change, and building community spirit in the process. Trees improve the air, increase the value of our properties and enhance the beauty of our neighborhoods. Friends of the Urban Forest is a non-profit organization that helps communities plant and care for trees. Call them at [415] 543-5600 to find out how.

In addition to the workshops that SLUG conducts on the usage of the Soilsaver, SLUG also conducts a series of workshops on basic composting and worm composting starting in March. look out for a schedule of these workshops aroun Spring time.

You can also call SLUG anytime with any questions you may have on producing the sweetest smelling compost on Earth. They are at 468-0262.

Garbage Can'ts! Promise yourself that you will clean out your basements or your garage and get those cans of solvent, paint and used motor oil to the Hazardous Waste Collection Facility at 301 Tunnel Street. They are open Thrusdays, Fridays and Saturdays, from 8 am to 4 pm. For more information, call 554-4333.

Sring Cleaning- Make it Less Toxic this year. Do you know that a paste made of baking soda and vinegar can do wonders? call the Household Hazardous Hotline at 554-333 and get a FREE copy of the "Less Toxic Shopping Guide".

All Year Round

Going beyond recycling... Reduce!

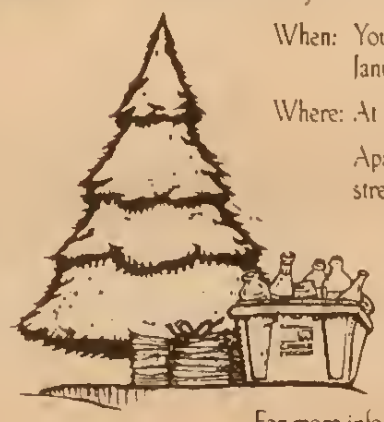
San Franciscans are doing a great job recycling. But let's go beyond that. How about being creative and think about ways to reduce waste in the first place. I could give you a few tips such as buying in bulk and using a cloth towel rather than paper towels or taking your own canvas bags shopping, or... But you've probably got a lot more ideas once you become conscious of the way you live every day and the impact your actions have on our planet. Interested in getting or giving more ideas...give me a call at 554-3409.

Support an environmental organization- become a member. Keep yourself educated.

Read Vice-president Al Gore's "Earth in the Balance" Al argues that we need to rethink our relationship eith nature in order to preserve the earth's ecology for future generations.

TreeCycling Day is on ReCycling Day

This Year Recycle Your Tree at the Curb.



When: Your first recycling day after January 2nd. by 6a.m.

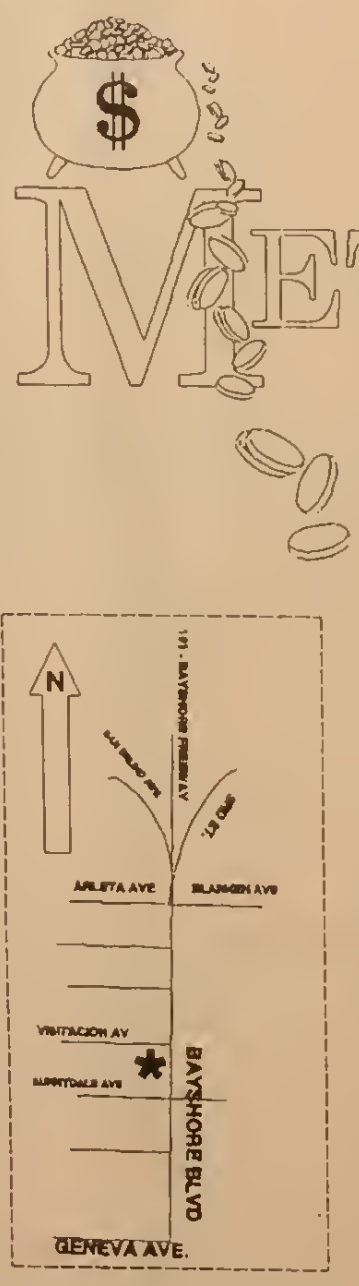
Where: At the curb, next to your blue bin.

Apartment residents: at the curb on your street's first recycling day after January 2nd.

- Please no tinsel, metal bases, painted or flocked trees.
- Trees on the curb on other days will become trash.

For more information, call the SF Recycling Hotline at 554-6193.

San Francisco RECYCLING



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